



# BRISTOL BOROUGH COMMUNITY CENTER

## Session 1.10: October - December 2010



**Welcome to the new Bristol Borough Community Center** for Bristol Borough students in grades 6 - 12. Thanks to United Way of Bucks County and the 21st Century Community Learning Center Grant, we are able to provide free programs, activities, snacks and homework help in Bristol Borough. The new Community Center is located at 225 Walnut Street, Bristol, PA 19007 (St James Parish House at the corner of Wood & Walnut Streets).

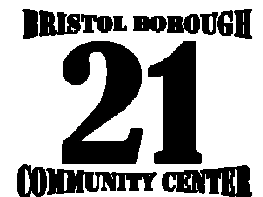
### How do I register?

1. Return a completed registration form (attached) signed by a parent or caregiver.
2. Return a completed Code of Conduct (attached) signed by both the student *and* their parent/caregiver.
3. Have a quick meeting with the Program Director to make sure that you understand the rules and to fill out a student interest sheet. You can meet with the Program Director the first time you visit the Center or set up a time to meet for a later date.

### What do I do at the Center?

1. You decide what days and times you will come to the Center. You are welcome to drop in any time. However, once you begin a class, you're expected to finish. For example, if you decide to attend Sports Skills from 3:30 - 5 pm, you are expected to stay until 5 pm. If you don't like it, you don't have to come again, but you do need to finish that class. There may be times when you have to leave early (doctors appointments, sports practice, etc.). If so, you need to notify the staff **before** the activity begins.
2. Each time you come to the Center you need to do at least one academic activity. You can go to any program that has at least 30 minutes of academics (many programs count) or do homework at 2Excel or Power Hour+. You decide how you will fit in the 30 minutes (*minimum*) of academics, but it has to get done.
3. Snacks are served from 3 - 3:30 pm and 5 - 5:30 pm only (before we start each round of programs). You must be attending a program at the Center to have a snack (no eat and run).
4. You earn "Excellence Points" for doing a great job at the Center. You'll get a point for each half hour of program time you complete. You may also get points for having a great attitude, doing something outstanding, getting "caught being good", or making a good choice. "Excellence Points" can buy things throughout the year. You can use them to "buy" time on the Wii, pool table, computers, or other recreational equipment. You can also use them at the Holiday Shop in December or to attend special events during the year.

**Parents and caregivers:** Stop by the Center any time. We're always happy to talk about what's happening at the Center and with your child. We hope to see you at events like the Open House (Oct. 26), Family Dinner (Nov. 23), and the Holiday Party & Session Showcase (Dec. 22). You are welcome to contact Marissa Christie, Program Director, at 267.795.7833 or [marissac@uwbucks.org](mailto:marissac@uwbucks.org) any time.



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## Program Descriptions

(See Bristol Borough Community Center Calendar for Dates & Times)



### 2Excel

How much money do you want to make when you grow up? The average graduate of college or trade school earns twice as much as someone with a high school diploma—but how do you get there? You start by doing well in your current classes. 2Excel provides a chill environment in which to do homework, study with a friend, get help from experts, plus learn the tips and tricks to doing well in all of your classes. (Daily, 3:30)



### Animal Junction—Live!

Do you love animals? Are you interested in getting up close and personal with them? Join zoo keepers from the Bucks County Zoo as they bring a custom safari to Bristol Borough. Each Animal Junction—Live! starts with a live, exotic animal visit followed by discussion and activities based on the animals featured.



After that, we'll spend a few minutes getting ready for the animals that will be part of the next showcase. Come be amazed by animals at Animal Junction—Live! (Alternating Thursdays, 3:30)

### Boy Scouts

What do billionaire Bill Gates, astronaut John Glenn, and filmmaker Steven Spielberg have in common? They were all Boy Scouts. Now it's your turn. Join Boy Scouts to play sports, fun games, camp, build team skills, go fishing, make new friends, go on cool trips - and maybe uncover some of the talents that will make you famous someday. No matter where it leads, this is a guaranteed hour of awesomeness each week. (Mondays, 5:30)



### Criminal Justice: The *Real* Science of Crime

Join **Professor Danny Pirtle, PhD**, for a look inside the fascinating world of criminal justice. You will explore the real science behind the system, learn from surprise guest experts, and go off site for an amazing field trip. Whether you're interested in crime scenes, corrections, or courts, you need to check this out. You must be a current 9 - 12 grade student with a satisfactory academic record (minimum of a "C" average) and have an interest in learning more about Criminal Justice to join. Learn more at the first session. (Wednesdays, 3:30)



### Empowering Girls Will Change Our World

Do you know what it means to be "empowered"? Do you know what it feels like to have the power and authority to affect change in the world? You will when you join this group. You will learn how to be powerful - and use your power to make changes locally and globally. (Tuesdays, 3:30)



### From Harlem to Hip Hop; From Langston Hughes to Tupac: A Language-Performance Art Initiative

Meet renowned poet and performer **Lamont "Napalm Da Bomb" Dixon**. Napalm will take you on a journey, showing you how events like the Harlem Renaissance and Black Arts Movement shaped today's hip hop culture. You will also learn how to create your own spoken word performance piece which you will have the chance to share at our December showcase. Whether you are an accomplished poet and performer, an aspiring rapper, or new to the world of spoken word, you will love this program. (Wednesdays, 3:30 for gr 6-8; Wednesdays, 5:30 for gr. 9-12)

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## Program Descriptions

(See Bristol Borough Community Center Calendar for Dates & Times)

### Girl Scouts

Hey, girl! What did you do today? Did you have fun? Unleash your true potential? Make a friend for life? Take a trip? Volunteer? If you're ready to say "yes" to any of these questions, join Girl Scouts. Some of the most powerful women in the world were Girl Scouts - and now you will join them. It's a girl's life—lead it! (Mondays, 5:30)



### Power Hour +

At Power Hour Plus (+), you set the schedule and the pace for getting your school work done. You can access the computer lab, find a friend to study with, or get help from our staff. Power Hour + also gives you access to our Study Lounge so you can get some reading done or just enjoy a little quiet time to unwind. (Daily, 5:30)



### The Spot

If you've never been to The Spot, come check it out. **Miss Nekesha** makes it a "Safe Place for Outgoing Teens" - but you're the one who makes it fun. This is a chance to hang out with friends, talk about issues, and try some cool new activities. (Tuesdays /Thursdays, continuous)

### JUST ADDED: SAT Prep

The experts from Sylvan Learning Center host our first SAT prep course. If you're planning to take the SATs, don't miss this opportunity. You will receive free materials, free diagnostic exams, and free prep with the top SAT tutors in our area. This course typically costs families about \$900, but you can enroll free at the Community Center. Space is limited for this program. To reserve your space, contact Marissa Christie at 267.795.7933 or [marissac@uwbucks.org](mailto:marissac@uwbucks.org). (Tues/Thurs, 3:30 pm)



### Movement & Dance for the Stage

**Miss Brittany** is back in Bristol to show you how to use your body on the stage. This program teaches you how to build the strength, flexibility, and power you need to be an incredible dancer. You will experiment with a variety of dance styles, learn where the movement comes from when you're performing a scene, and find out what "reads" well from an audience's perspective. This class is for actors, dancers, performers - and anyone who just wants to move around a little and have fun with friends. No audition or experience required for this class. (Mon/Wed, 5:30 for gr. 6-8; Tues/Thurs, 5:30 gr. 9-12)



### Sports Skills with Jeff Manto

Professional baseball player, MLB hitting coach, and Bristol native **Jeff Manto** has created a unique sports skills program just for the Bristol Borough Community Center. Jeff, along with some of the top coaches in our area, will be our trainers. They will incorporate many different sports and drills, as well as a look at some of the non-physical elements of competition, like sports psychology and visualization. It's a great way for athletes to keep fit and focused (on or off season) or for non-athletes to try new sports in a fun, low pressure environment. (Daily, 3:30)



### Coming Soon:

- Bristol Riverside Theater Drama and Performing Arts Program (starting November 2010)
- First Aid Training program with the Red Cross
- All Stars (Young Men's Leadership)

# OCTOBER 2010—Bristol Borough Community Center



If you have any questions contact Marissa Christie at 267.795.7833 or marissac@uwbucks.org.

Monday	Tuesday	Wednesday	Thursday
4	5	6	7
<b>11</b> CLOSED - Columbus Day	<b>12</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12	<b>13</b> <b>3:30 - 5</b> Sports Skills 2EXCEL From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 6-8	<b>14</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Animal Junction - LIVE <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12
<b>18</b> <b>3:30 - 5</b> Sports Skills 2EXCEL <b>5:30 - 6:30</b> Boy Scouts Girl Scouts <b>5:30 - 7:00</b> Power Hour + Movement & Dance gr. 6-8	<b>19</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Empowering Girls/Change World SAT Prep **From Harlem to Hip Hop - gr.6-8 <b>5:30 - 7</b> Power Hour + The Spot **From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 9 - 12	<b>20</b> <b>3:30 - 5</b> Sports Skills 2EXCEL Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + Movement & Dance gr. 6-8	<b>21</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot SAT Prep <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12
<b>25</b> <b>3:30 - 5</b> Sports Skills 2EXCEL <b>5:30 - 6:30</b> Boy Scouts Girl Scouts <b>5:30 - 7:00</b> Power Hour + Movement & Dance gr. 6-8	<b>26</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Empowering Girls/Change World SAT Prep <b>5:30 - 6:30</b> Power Hour + The Spot Movement & Dance gr. 9 - 12 <b>6:30</b> <b>Community Center Open House &amp; Grand Opening Party</b>	<b>27</b> <b>3:30 - 5</b> Sports Skills 2EXCEL From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 6-8	<b>28</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Animal Junction - LIVE SAT Prep <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12



\*\* Moved from Wed this week only

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Monday	Tuesday	Wednesday	Thursday
<b>1</b> <b>3:30 - 5</b> Sports Skills 2EXCEL <b>5:30 - 6:30</b> Boy Scouts Girl Scouts <b>5:30 - 7:00</b> Power Hour + Movement & Dance gr. 6-8	<b>2</b> CLOSED - Election Day	<b>3</b> <b>3:30 - 5</b> Sports Skills 2EXCEL From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 6-8	<b>4</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Animal Junction - LIVE <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12
<b>8</b> <b>3:30 - 5</b> Sports Skills 2EXCEL <b>5:30 - 6:30</b> Boy Scouts Girl Scouts <b>5:30 - 7:00</b> Power Hour + Movement & Dance gr. 6-8	<b>9</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Empowering Girls/Change World SAT Prep <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12	<b>10</b> <b>3:30 - 5</b> Sports Skills 2EXCEL From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 6-8	<b>11</b> CLOSED - Veteran's Day
<b>15</b> <b>3:30 - 5</b> Sports Skills 2EXCEL <b>5:30 - 6:30</b> Boy Scouts Girl Scouts <b>5:30 - 7:00</b> Power Hour + Movement & Dance gr. 6-8	<b>16</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Empowering Girls/Change World SAT Prep <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12	<b>17</b> <b>3:30 - 5</b> Sports Skills 2EXCEL From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 6-8	<b>18</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Animal Junction - LIVE SAT Prep <b>5:30 - 7</b> Power Hour + The Spot Movement & Dance gr. 9 - 12
<b>22</b> <b>3:30 - 5</b> Sports Skills 2EXCEL <b>5:30 - 6:30</b> Boy Scouts Girl Scouts <b>5:30 - 7:00</b> Power Hour + Movement & Dance gr. 6-8	<b>23 Family Dinner from 6-7 pm—Join Us!</b> <b>3:30 - 5</b> Sports Skills 2EXCEL The Spot Empowering Girls/Change World SAT Prep <b>5:30 - 6</b> Power Hour + The Spot Movement & Dance gr. 9 - 12	<b>24</b> <b>3:30 - 5</b> Sports Skills 2EXCEL From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12 <b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement & Dance gr. 6-8	<b>25</b> CLOSED—Thanksgiving



## DECEMBER 2010—Bristol Borough Community Center



If you have any questions contact Marissa Christie at 267.795.7833 or marissac@uwbucks.org.

Monday	Tuesday	Wednesday	Thursday
<p><b>29</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p><b>5:30 - 6:30</b> Boy Scouts Girl Scouts</p> <p><b>5:30 - 7:00</b> Power Hour + Movement &amp; Dance gr. 6-8</p>	<p><b>30</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot Empowering Girls/Change World SAT Prep</p> <p><b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12</p>	<p><b>1</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12</p> <p><b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement &amp; Dance gr. 6-8</p>	<p><b>2</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot Animal Junction - LIVE SAT Prep</p> <p><b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12</p>
<p><b>6</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p><b>5:30 - 6:30</b> Boy Scouts Girl Scouts</p> <p><b>5:30 - 7:00</b> Power Hour + Movement &amp; Dance gr. 6-8</p>	<p><b>7</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot Empowering Girls/Change World SAT Prep</p> <p><b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12</p>	<p><b>8</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12</p> <p><b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement &amp; Dance gr. 6-8</p>	<p><b>9</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot Animal Junction - LIVE SAT Prep</p> <p><b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12</p>
<p><b>13</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p><b>5:30 - 6:30</b> Boy Scouts Girl Scouts</p> <p><b>5:30 - 7:00</b> Power Hour + Movement &amp; Dance gr. 6-8</p>	<p><b>14</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot Empowering Girls/Change World SAT Prep</p> <p><b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12</p>	<p><b>15</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12</p> <p><b>5:30 - 7</b> Power Hour + From Harlem to Hip Hop - gr.9-12 Movement &amp; Dance gr. 6-8</p>	<p><b>16</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot Animal Junction - LIVE SAT Prep</p> <p><b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12</p>
<p><b>20</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p><b>5:30 - 6:30</b> Boy Scouts Girl Scouts</p> <p><b>5:30 - 7:00</b> Power Hour + Movement &amp; Dance gr. 6-8</p>	<p><b>21</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>The Spot <b>5:30 - 7</b> Power Hour + The Spot Movement &amp; Dance gr. 9 - 12 <b>“Holiday Shop” - use your points to do your holiday shopping or get yourself a gift!</b></p>	<p><b>22</b></p> <p><b>3:30 - 5</b> Sports Skills 2EXCEL</p> <p>From Harlem to Hip Hop - gr.6-8 Criminal Justice - gr. 9-12</p> <p><b>5:30 - 7</b> <b>Family Holiday Party &amp; Session I Showcase</b></p>	<p><b>23</b></p> <p>CLOSED - Winter Break (schools open)</p> <p><b>Bristol Borough Community Center Reopens MONDAY, JANUARY 3, 2011</b></p>



# Bristol Borough Community Center Code of Conduct



Students and their parent or caregiver have to agree to the rules below and sign this sheet before the student attends the Bristol Borough Community Center.

All programs are free of charge to Bristol Borough residents in 6<sup>th</sup> – 12<sup>th</sup> grade. Students decide when they will come and what they will do. However, students who come are expected to follow the rules and participate in activities while they are at the Center.

**Students are expected to be safe, show respect, and make good decisions at the Community Center.**

Students are expected to show respect to volunteers, staff, other students, and the facility. They will be treated with respect while they are at the Center. The Code of Conduct applies while students walk to and from the Center (treat our neighbors right!) and when they are on trips.

These things will not be accepted:

- Inappropriate language such as lying, put downs, bad language, swearing, threats, name-calling, or any language which could hurt someone's feelings. No inappropriate faces or gestures are allowed. It doesn't matter if you're joking. Don't do it.
- Anything that could cause injury to people or property. This includes throwing objects, pushing, fighting, stealing, or destroying any property.
- Showing disrespect by ignoring, disobeying, talking back, or being sarcastic to volunteers or staff.
- Any disruptive behavior like talking when asked to quiet down or continuous and/or intentional interruptions while a staff member, volunteer, or another student is speaking.
- Showing disrespect by using cell phones, MP3 players, or other personal electronic devices on site. You may not use any of these devices without permission from a staff member.
- Showing disrespect to the building or the property. We are using a very old building with a lot of history. Treat it right. No running in the Center, going up or down stairs without holding the handrail, making a mess and/or failing to clean up following any activity, or doing any damage to the building. Under no circumstances may you enter the cemetery next to the building.

If any rules are broken, staff will consider the situation. They will then decide if the if the student will be:

- Asked to participate in a different activity, particularly one geared to promoting proper behavior;
- Asked to attend a disciplinary meeting with a parent/caregiver and the Program Director;
- Dismissed for the remainder of the day;
- Dismissed for the remainder of the trimester (fall, winter or spring);
- Dismissed for the entire year.

**Parents/caregivers:** I understand the rules of the Community Center. I understand that my child needs to follow the rules in order to attend the Community Center. I understand that I may be contacted if there is a behavior problem.

\_\_\_\_\_ (Print Name) \_\_\_\_\_ (Sign/Date)

**Students:** I understand the rules of the Center. I understand that I am expected to follow the rules any time I am at the Community Center.

\_\_\_\_\_ (Print Name)

\_\_\_\_\_ (Sign/Date)

